

It would be advisable to finance such programs as the Chronic Disease Self management programs designed and managed by Stanford University. They are created with the person with the illness making action plans to manage their illnesses. The facilitators assist with the process, they do not educate. This empowers real change.

Other areas that would be useful for pain management would be reimbursing for massage and acupuncture. This may assist in getting a better handle on the opioid epidemic that is now occurring.

Overall case management for the more complex individuals that need assistance with navigating this very complicated system

Thank you very much for your important work

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