

Wright, Kevin (Finance)

From: Catriona Buist <buistc@ohsu.edu>
Sent: Monday, February 19, 2018 3:48 PM
To: opioids;; Catriona Buist
Subject: recommendations for opioid crisis

Dear Chairman Hatch and Senator Wyden,

I am following up on the letter you wrote on February 2, 2018 regarding recommendations for our opioid crisis.

Regarding point #5: for the education of health professionals - the Oregon Pain Management Commission just released our updated our 1 hour online Pain Module:

<http://www.oregon.gov/oha/HPA/CSI-PMC/Pages/module.aspx><http://www.oregon.gov/oha/HPA/CSI-PMC/Pages/module.aspx><http://www.oregon.gov/oha/HPA/CSI-PMC/Pages/module.aspx><http://www.oregon.gov/oha/HPA/CSI-PMC/Pages/module.aspx>

This module is required 1x by about 15 different licensed professionals in Oregon. We have asked the professional boards to push out this module to their members again. This module is available for use in other states also. The primary goal is to have everyone giving the same message about pain and focusing on the 5 domains of best pain care (pain education, sleep, mood, activity and nutrition).

Point #7: In Oregon we pushed back pain above the funding line through the Health Evidence Review Committee and the Coordinated Care Organizations are now reducing coverage for opioids and paying for access to multidisciplinary care for medicaid patients in Oregon with low back pain. The HERC is now looking at all chronic pain conditions to see if we can add these services for all complex pain conditions to help patients improve function and quality of life.

<http://www.oregon.gov/OHA/HPA/CSI-HERC/FactSheets/Back-policy-changes-fact-sheet.pdf><http://www.oregon.gov/OHA/HPA/CSI-HERC/FactSheets/Back-policy-changes-fact-sheet.pdf>

Ideally we need to continue to work on having behavioral health integrated into primary care and train all clinicians to provide trauma informed care. See ACES study regarding the impact of trauma on chronic health conditions:
<https://www.cdc.gov/violenceprevention/acestudy/index.html><https://www.cdc.gov/violenceprevention/acestudy/index.html>

Providers should also understand the impact of the social determinants of health:

<https://www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/><https://www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/>

Thank you for your efforts on this important issue,

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