

Dear Sirs and Madams,

I am delighted to learn of your potential change to Medicare programming benefits that would enable Medicare consumer to take part in the valuable programming authored by Stanford University.

As a Master Trainer and Group Leader, I have personally witnessed the growth individuals (regardless of payer or disease) experience during the course of the programming. I myself have experienced this growth and would encourage you to personally engage in the programming of most benefit to you to understand the potential benefits.

As an individual who works to improve population health and directly with Medicare beneficiaries, I can think of no better opportunity to empower individuals to take charge of their health experience, within and outside of the traditional healthcare setting.

We know the supports and opportunities an individual has, outside any healthcare setting, is most important to improvement in overall health status and maintaining health status. The concepts and skills learned in the Stanford programming (CDSMP and DSMP, which I am personally connected to) enable individuals to experience these outcomes immediately and beyond. I would encourage you to consider these programs vital to Medicare, and healthcare at large, to improving the triple aim of better health, better care, and lower costs.

If you should have any questions, please don't hesitate to contact me using the information provided below.

I look forward to sharing congratulations with you, and others.

Sincerely,  
Vanessa M. Lamoreaux