The Crisis Assistance Helping Out On The Streets (CAHOOTS) Act

As the country grapples with advancing racial justice, reducing police brutality, addressing mental health and substance use disorder (SUD) needs and reimagining public safety, Oregon has offered a model for moving forward. For over 30 years, Eugene, Oregon’s White Bird Clinic has led the way in using health care, rather than law enforcement, to respond to individuals who are experiencing a mental health or SUD related crisis. The innovative Crisis Assistance Helping Out On The Streets, or CAHOOTS, model dispatches mobile teams of health care and crisis workers to meet Oregonians where they are and provide the care and services they need instead of immediately involving law enforcement.

Using the lessons outlined by White Bird Clinic and similar programs across the nation, Senators Ron Wyden and Catherine Cortez Masto have introduced the Crisis Assistance Helping Out On The Streets (CAHOOTS) Act to help states adopt their own mobile crisis response models through support from Medicaid.

The CAHOOTS Act:

- Grants states enhanced federal Medicaid funding (a 95% federal match) for three years to provide qualifying community-based mobile crisis services to individuals experiencing a mental health or SUD crisis. The Act also provides $25 million for planning grants to states to help establish mobile crisis programs.

- Funds multidisciplinary mobile crisis teams that are available 24/7, every day of the year, and trained in trauma-informed care, de-escalation, and harm reduction to provide voluntary assessment and stabilization services for individuals in crisis, as well as coordination and referrals to follow-up care and wraparound services, including housing assistance. Teams must be able to provide or coordinate transportation to help individuals reach their next step in care.

- Requires mobile crisis teams to partner with key community resources to facilitate referral and coordination efforts. For example, teams must have relationships with behavioral health providers, crisis respite centers, housing assistance providers such as public housing authorities, and other organizations and agencies that provide social services.

- Directs mobile crisis teams to be connected to regional hotlines and emergency medical service systems. Mobile crisis teams must not be operated by or affiliated with state or local law enforcement agencies, though teams may coordinate with law enforcement if appropriate.

- Requires states to conduct a robust evaluation of the impact of mobile crisis services on emergency room visits, the involvement of law enforcement in mental health or SUD events, diversion from jails, and other outcomes. States must also report on the models and programs they design, including how people are connected to care following the delivery of mobile crisis services. States would also be required to report on the demographic information of the individuals their teams help in order to identify and help address health disparities.

- Requires the U.S. Department of Health and Human Services to summarize states’ results and lift-up best practices for delivering effective mobile crisis intervention services.